

Nelson Mandela Elementary School

Student Life Office – Extra-Curricular Activities

Intramural Sports Program

Intramurals is a program of sports activities – games between homeroom teams. All students are able to participate – ability is not a factor. Intramural sports offered to grades 1 – 6 is not intended to be highly intense and/or competitive. Sportsmanship, teamwork and skills will be taught and closely managed.

Intramural sports participation boosts self-esteem, teaches fair play, develops leadership, encourages teamwork, improves fitness and helps children make friends.

While team competition and awards are given to winning homerooms the emphasis is on participation and positive attitude displayed during the intramural calendar.

Grades 1- 6 would participate in a multi-sports activity program offering basketball, soccer, kickball, touch football, track & field, volleyball and a variety of other activities. Each homeroom class will be awarded points based on their scores and results.

At the end of each academic year, the Nelson Mandela Sports Awards ceremony will present the Champion's Cup to class superlatives. Outstanding achievements will be recognized and each Nelson Mandela student will receive a Certificate of Participation.

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Proposal - Concept

